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**SUSTAIN Newsletter N. 6 | March 2018**

# **SUSTAINABLE TAILORED INTEGRATED CARE FOR OLDER PEOPLE IN EUROPE**



## **Feedback from the sites - Improvement Projects in Norway**



Last November SUSTAIN project partners met in Oslo, Norway, hosted by their project partner, the **University of Oslo**, to discuss the implementation progress of the improvement projects in the different sites and dissemination strategies.

Norway is one of nine European countries participating in the SUSTAIN project, with two sites involved in project activities: namely, **Surnadal Municipality** and **Søndre Nordstrand Borough in Oslo Municipality**. The Norwegian sites focus respectively on integrated primary health and social care, as well as integrated rehabilitation at home.

After joining the SUSTAIN project, both sites have been implementing improvement projects developed on the basis of the preexisting sites' objectives, priorities and target groups, while responding to the overall SUSTAIN objective by concretely improving the way care services for older people are organised and delivered, especially for those who have multiple health and social care needs.

Read more about the improvement projects implemented in the Norwegian sites [here](#).

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## Hondao Senior Citizen Welfare Foundation, Taiwan, visits the UK SUSTAIN site



At the end of 2017, the **Personal Independence Programme (PIP)** team and staff at **Sandgate Road Surgery**, one of the SUSTAIN sites in the UK, welcomed visitors from the **Hondao Senior Citizen Welfare Foundation**, Taiwan. Since its inception, Hondao has been actively championing senior citizen welfare and collaborates with **Silver Linings Global**, a social consultancy that focuses on the senior care industry. They act as a programme manager by supporting funding efforts and by working closely with the Hondao Foundation to pilot a programme in Taiwan on healthy aging.

Taiwan is experiencing new found difficulties in caring for an ageing population due to its rapid increase in life expectancy, shifts in social attitudes towards families providing care

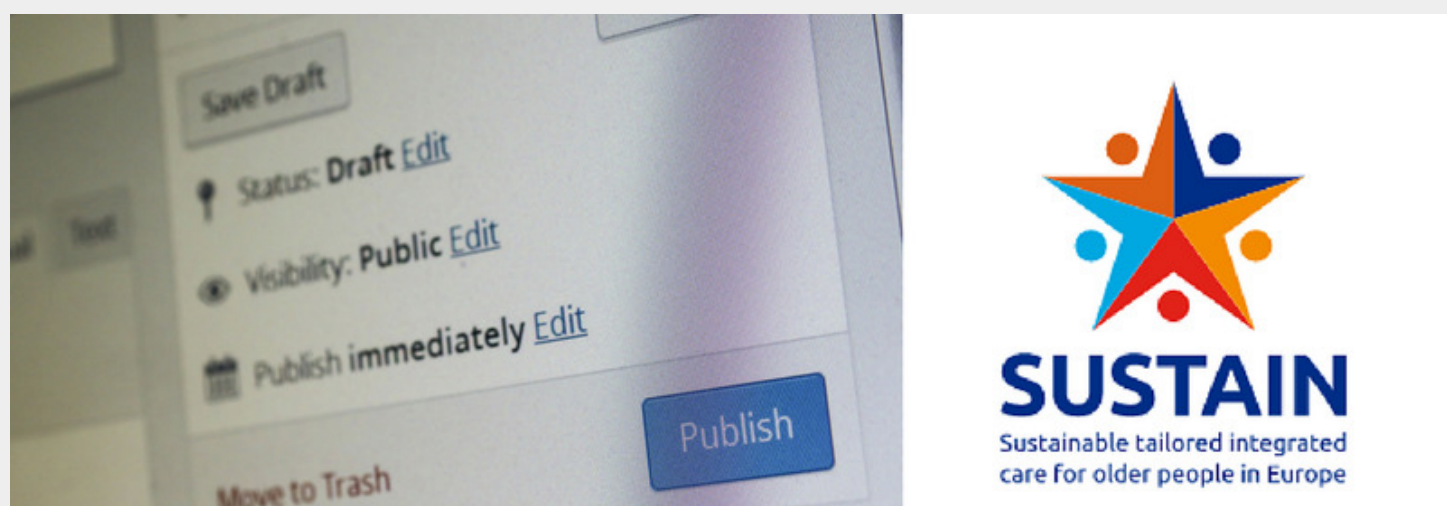


and the limited funding for elderly care provision. Although there are differences between the UK and Taiwan, both countries have realised that they also face similar challenges.

Read more about the visit of the Hondao Foundation [here](#).

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## The first SUSTAIN paper has been published!



The SUSTAIN consortium is glad to announce that the very first SUSTAIN paper was published online in the [International Journal of Integrated Care](#) (IJIC) with the title "*The SUSTAIN Project: A European Study on Improving Integrated Care for Older People Living at Home*", on 16th January 2018.

*"Integrated care programmes are increasingly being put in place to provide care to older people who live at home. Knowledge of how to further develop integrated care and how to transfer successful initiatives to other contexts is still limited. Therefore, a cross-European research project, called Sustainable Tailored Integrated Care for Older People in Europe (SUSTAIN), has been initiated with a twofold objective: 1. to collaborate with local stakeholders to support and monitor improvements to established integrated care initiatives for older people with multiple health and social care needs. Improvements focus on person-centredness, prevention orientation, safety and efficiency; 2. to make these improvements applicable and adaptable to other health and social care systems, and regions in Europe. This paper presents the overall structure and approach of the SUSTAIN project."*

Have a look at the full Abstract by accessing the paper on the [International Journal of Integrated Care](#) (IJIC) website or [download the PDF](#).

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# Get involved in SUSTAIN!



The SUSTAIN Consortium is working to develop an online **Roadmap to support older people staying at home and/or living in the community** to be used by policy and decision-makers as a tool to improve integrated care for older people in Europe. The roadmap will create a step-by-step guide that supports the successful adoption of best practice in the integration of care to older people living at home, based on international evidence and good practice. This part of the project is coordinated by the [International Foundation for Integrated Care](#). In parallel with the consortium efforts, in 2018 we would like to increase stakeholder involvement in information dissemination support.

In addition we are looking for input with regards to a mapping exercise aimed at **identifying commercial opportunities for Educators and IT providers**. The outcome of this mapping will help us recommend the development of products and the design of learning opportunities to support the implementation of person-centred, prevention-oriented, efficient, and safe integrated care within EU Member States. The collected information will feed into a tailored report to support the potential future migration of SUSTAIN outputs across Europe. If you come across any projects, opportunities or ideas that may fit well in this report, do not hesitate to [contact us](#).

If you want to know more about these two initiatives, drop us a message [here](#) and help us work towards sustainable tailored integrated care for older people in Europe!

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