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SUSTAIN Newsletter N. 5 | October 2017

# SUSTAINABLE TAILORED INTEGRATED CARE FOR OLDER PEOPLE IN EUROPE



### Feedback from the sites - Social and health integration in North Sabadell, Catalonia



The aim of SUSTAIN is to enhance current integrated care initiatives in several European countries, including Spain. As such, the nature of the project and intervention differs in various sites with the unique needs of each country, community and organisation. Though the sites are different, the systematic approach to the intervention remains the same.

We took the time to learn more about the intervention process in one of the Catalonia sites, through the initiative **"Social and health integration in North Sabadell"**. This site developed particularly interesting solutions to health and social care barriers. After months of implementing the North Sabadell improvement plan, we asked them to reflect on their successes and challenges throughout their involvement so far.

To learn more about SUSTAIN's objectives in the initiative "Social and health integration in North Sabadell", the implementation methodology and feedback from professionals working in the site, click <u>here!</u>

#### SUSTAIN Video-Interview series: Hietzing Hospital, Austria

We are excited to continue the **SUSTAIN video-interview series** with the presentation of four new interviews. This video series discusses different parts of the project implementation with professionals that work within SUSTAIN project sites.

This round of interviews highlights the perspectives of three Internal Medicine nurses at **Heitzing Hospital in Vienna, Austria**. These partners talk about their experiences through involvement in the project, experienced barriers to implementation, and their goals for SUSTAIN.

Check out the videos by clicking on the images below!

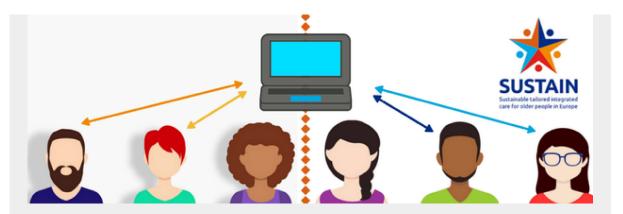








## Webinar reflections - A comparison of two sites



On 4th September 2017, the very first webinar of the SUSTAIN project took place with the participation of two sites, **West-Friesland in the Netherlands** and **Sandgate in the UK**. The overall goal of webinars between sites is to facilitate the **exchange of experience**, **best practices and lessons learned** among SUSTAIN partners and stakeholders.

In this specific webinar, each of the two sites had a representative give insight into their respective improvement plans, but was also given the chance to answer questions the other site had on a particular topic, such as financial issues or local health and social care provision. The use of voluntary organisations mentioned by the Sandgate site was a different approach that West-Friesland considered as an interesting practice they could learn and benefit from. We look forward to discussing the use of **volunteers** further in future webinars.

To learn more about the topics discussed, the similarities identified and the differences pointed out, click **here**.

#### SUSTAIN at the EHMA 2017 Annual Conference on "Health Futures"





On Tuesday, 13th June 2017, during the EHMA 2017 Annual Conference on the theme of "Health Futures", Prof. Dr. Mirella Minkman, from <u>Vilans</u>, the Netherlands, had the chance

to present SUSTAIN during an EU project-focused session. The presentation covered several aspects of the project and allowed the audience to explore and understand methodology, objectives and distinct phases of SUSTAIN. The presentation was also an opportunity to introduce the work that the Consortium is doing to prepare and deliver the SUSTAIN Roadmap to support older people staying at home and/or living in the community.

Find out more about the SUSTAIN presentation at EHMA 2017 Annual Conference **here**, and take a look at Prof. Dr. Mirella Minkman presentation, **available for download**.

#### **Get involved in SUSTAIN!**



The SUSTAIN Consortium is working to develop an online Roadmap to support older people staying at home and/or living in the community to be used by policy and decision-makers to improve integrated care for older people in Europe. The roadmap will create a step-by-step guide that supports the successful adoption of good practice in the integration of care to older people living at home, based on international evidence and good practice. This part of the project is coordinated by the International Foundation for Integrated Care. In parallel with the consortium efforts, in 2018 we would like to involve stakeholders as critical friends, tester and dissemination support.

We are also looking for input for a mapping exercise aimed at **identifying commercial opportunities for Educators and IT providers** to develop products to support the implementation of patient-centred, prevention-oriented, efficient, and safe integrated care within EU Member States. The collected information will feed into a tailored report to support the future potential migration of SUSTAIN outputs across Europe.

If you want to know more about these two initiatives, drop us a message <u>here</u> and work with us towards sustainable tailored integrated care for older people in Europe!

Follow #SUSTAINeu on Twitter and Facebook to receive real-time updates on the project!









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