Thanks for subscribing to the SUSTAIN newsletter, which will provide you, on a quarterly basis, with updates and insights about project activities and developments!

SUSTAINABLE
TAILORED
INTEGRATED CARE
FOR OLDER PEOPLE
IN EUROPE

News from the sites: Sandgate Road Surgery

For the third release of the SUSTAIN newsletter, we will focus on the Kent's based SUSTAIN site Sandgate Road Surgery ‘Over 75 Service’. Developed in the recent
years, this initiative’s purpose is to identify frail, older people and provide them with person-centred and integrated care in order to improve their health and wellbeing while maintaining their independence for as long as possible.

The initiative introduces a single assessment tool - the Dalhousie Frailty Screening tool - for the provision of a wide range of health and social care services, including befriending or regular telephone contact, anticipatory care planning and medication reviews, without forgetting carers’ needs assessment and support. Discover more about the Over 75 Service, its potential and opportunities, by clicking here.

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**SUSTAIN goes live: video-interviews**

The project consortium has produced a series of video-interviews aimed at sharing the early experience of professionals directly involved in the implementation of the project within the SUSTAIN sites. The first round of videos focuses on feedbacks from four professionals from both the healthcare and the social services of the County of Osona, one of the two sites working in direct connection with AQuAS, the Catalunya-based partner of the project.

Check out the videos, clicking on the images below!

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**SUSTAIN at the GSA Annual Scientific Meeting 2016**
Last November, a Dutch delegation of the SUSTAIN consortium presented the SUSTAIN project at the Annual Scientific Meeting of the Gerontological Society of America. SUSTAIN Project Manager Simone de Bruin (RIVM), Manon Lette (VUmc) and Annerieke Stoop (RIVM/VUmc) exchanged the overall design of SUSTAIN and the different experiences so far among local stakeholders from the sites. Among the addressed issues, the core domains of SUSTAIN and how they could be potentially conflicting, for example in terms of people's preferences and balance between prevention and safety.

To know more about the meeting and the fruitful feedbacks they received on SUSTAIN, please click [here](#).

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**Contribution from AGE Platform Europe’s Expert, Dr. Ingrid Eyers**

SUSTAIN’s partner [AGE Platform Europe](#) is an organization that promotes the interests of the 190 million citizens aged 50+ in the European Union. One of their experts representing EAHSA (European Association of Housing and Services for the Ageing), Dr. Ingrid Eyers who is a former nurse, care home manager and latterly an academic researcher with a focus on the care of older people, was invited to express her views and feedbacks about the importance of **integrated care from the end-user’s perspective**, focusing on possible challenges and barriers within the implementation of SUSTAIN.

Find out more about her comments relate to the importance of integrated care from the end-user’s perspective [here](#).
Follow #SUSTAINeu on Twitter and Facebook to receive real-time updates on the project!

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