



Horizon 2020 European Union funding for Research & Innovation

The SUSTAIN project is funded under Horizon 2020 – the Framework Programme for Research and Innovation (2014–2020) from the European Union under grant agreement No 634144. The content of this leaflet reflects only the SUSTAIN consortium's views and the European Union is not liable for any use that may be made of the information contained therein.

HOW CAN YOU HELP US?

You can help us a lot! You could for example:

- ✓ Ask to be kept informed about the project, and talk about it around you
- ✓ Tell us about the difficulties you face, what you expect and what should be done to improve eldercare services
- ✓ Participate in our study, by interview or by taking part in a group discussions
- ✓ Help us spread the results of the study

Participation is free. You can decide how far you want to be involved and in which activities and, should you choose to, you can withdraw from the project at any time.





























SUSTAINABLE
TAILORED
INTEGRATED CARE
FOR OLDER PEOPLE
IN EUROPE

WHO ARE WE?

We are an international team of experts working in the field of care and support for older people.

Together, we are implementing a research project that aims to improve the way care services for older adults are currently organised and delivered.

We want services in the future to support independent living and to address older people's needs. We want care to be comfortable and ensure peace of mind for service users and their relatives.

But above all, we want services to be well organised, with a team of health and social care practitioners who will be there for you when you need them and enable you to live independently.



WHAT DO WE WANT?

Our aim is to improve existing services in order to align them better with the needs of older people.

To achieve our goals, we have selected **14 care services in 7 countries** that will be analysed and improved by putting the needs and desires of older adults at the heart of a safe and efficient service designed around them. Countries involved are: Austria, Estonia, Germany, Norway, Spain, The Netherlands and the UK.



We also want to share this experience with other services and countries, so that they too can improve and create real change across Europe for the benefit of users.

We are supported by **AGE Platform Europe**, the main European-wide organisation representing older people and we indeed consider care service users and their families as very much part of the team.

We understand that care service users themselves are best placed to tell us what should be improved?



WANT TO KNOW MORE? CONTACT US!

Should you be interested in receiving more information on our project, or if you would like to join us, please contact:

Simone de Bruin

Project Manager of the SUSTAIN project Rijksinstituut voor Volksgezondheid en Milieu

 $\hbox{E-Mail:} simone.de.bruin@rivm.nl\\$

Tel. +31 (0) 6 4686 0723

Visit our website http://www.sustain-eu.org/